



St. Monica's Prayer Progression

Nursey	Reception	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
<ul style="list-style-type: none"> • Make the sign of the cross • Morning Prayer • Grace before Lunch • Evening prayer • Hail Mary 	<ul style="list-style-type: none"> • Make the sign of the cross • Morning Prayer • Grace before Lunch • Evening prayer • Hail Mary • Our Father 	<ul style="list-style-type: none"> • Make the sign of the cross • Morning Prayer • Grace before Lunch • Evening prayer • Our Father • Glory Be 	<ul style="list-style-type: none"> • Make the sign of the cross • Morning Prayer • Grace before Lunch • Evening prayer • Prayer of the Holy Spirit • The Eternal Rest 	<ul style="list-style-type: none"> • Make the sign of the cross • Morning Prayer • Grace before Lunch • Evening prayer • Prayer before Penance • Prayer after Penance • Prayer before communion • Prayer after Communion 	<ul style="list-style-type: none"> • Make the sign of the cross • Morning Prayer • Grace before Lunch • Evening prayer • The Angelus • The Angelus • The Nicene Creed • The Act of contrition 	<ul style="list-style-type: none"> • Make the sign of the cross • Morning Prayer • Grace before Lunch • Evening prayer • The Angelus • The first, second and third Mysteries of the Rosary ➤ The Joyful Mysteries ➤ The Sorrowful Mysteries ➤ The Glorious Mysteries 	<ul style="list-style-type: none"> • Make the sign of the cross • Morning Prayer • Grace before Lunch • Evening prayer • The Angelus • The Crowning of our Lady as Queen of Heaven • Prayer of the Holy Spirit • The magnificent