

St Monica's Primary School Autumn/Winter terms SY 2025-26 week 2

Salad Bar Selection: Plum tomatoes, diced cucumber, diced red onions and mixed leaves

Salad dressings: Lemon Herb Vinaigrette

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Dish 1	<i>Sautéed Sweet Potato & Plantain (ve)</i>	<i>Young corn & carrots Stir-fry (ve)</i>	<i>Beef & Dumpling stew</i>	<i>Salmon & Turkey Bacon Carbonnara</i>	<i>Margarita Pizza (v)</i>
Main Dish 2	<i>Braised Chicken in Tomato sauce</i>	<i>Chicken & Peppers Stir-fry</i>	<i>Aubergine in Provençale sauce (ve)</i>	<i>Butter beans macaroni (v)</i>	<i>Fish Fingers</i>
Starchy Dish	<i>Jasmine rice</i>	<i>Egg noodles</i>	<i>Herby Potatoes</i>	<i>Garlic bread</i>	<i>Chips</i>
Vegetables	<i>Carrots & peppers</i>	<i>Sliced Mushrooms</i>	<i>Green peas</i>	<i>Mixed Peppers</i>	<i>Baked beans</i>
Salad	<i>Pickled Peppers & carrots Salad Bar Selection</i>	<i>Pickled Peppers & carrots Salad Bar Selection</i>	<i>Pickled Peppers & carrots Salad Bar Selection</i>	<i>Caprese salad Salad Bar Selection</i>	<i>Caprese Salad Salad Bar Selection</i>
Dessert	<i>Pineapple Upside-down cake</i>	<i>Mandarin Jelly with Chantilly cream</i>	<i>Sliced fruits</i>	<i>Raspberry Panacotta</i>	<i>Banana cake</i>
Fruit	<i>Seasonal Fruit Low fat Yogurt</i>	<i>Seasonal Fruit Low fat Yogurt</i>	<i>Seasonal Fruit Low fat Yogurt</i>	<i>Seasonal Fruit Low fat Yogurt</i>	<i>Seasonal Fruit Low fat Yogurt</i>
Drink	<i>Water/Milk</i>	<i>Water/Milk</i>	<i>Water/Milk</i>	<i>Water/Milk</i>	<i>Water/Milk</i>