

# St Monica's Primary School Spring/Summer terms SY 2025-26 Week 3

*Salad Bar Selection: Plum tomatoes, diced cucumber, diced red onions and mixed leaves*

*Salad dressings: Lemon Herb Vinaigrette*

	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Main Dish 1</b>	<i>Sweet &amp; Spicy Aubergine (ve)</i>	<i>Fruity Pilau (ve)</i>	<i>Fish &amp; Shrimp Pie</i>	<i>Beef Lasagna</i>	<i>Chicken Goujons</i>
<b>Main Dish 2</b>	<i>Sweet &amp; Sticky Chicken</i>	<i>Sautéed shitake Mushrooms (ve)</i>	<i>Ploughman's Pie (v)</i>	<i>Garden Lasagna (v)</i>	<i>Vegetable Spring Rolls (ve)</i>
<b>Starchy Dish</b>	<i>Orzo</i>	<i>Saffron rice</i>	<i>Herby Potatoes</i>	<i>Garlic bread</i>	<i>Chips</i>
<b>Vegetables</b>	<i>Edamame &amp; Carrots</i>	<i>Sweetcorn</i>	<i>Peas</i>	<i>Asparagus</i>	<i>Baked beans</i>
<b>Salad</b>	<i>Carrot &amp; Seaweed Salad Salad Bar Selection</i>	<i>Carrot &amp; Seaweed Salad Salad Bar Selection</i>	<i>Carrot &amp; Seaweed Salad Salad Bar Selection</i>	<i>Cobb Salad Salad Bar Selection</i>	<i>Cobb Salad Salad Bar Selection</i>
<b>Dessert</b>	<i>Sliced Fruits</i>	<i>Raspberry Panacotta</i>	<i>Blueberry Cheesecake</i>	<i>Banana cake</i>	<i>Beans &amp; chocolate brownie</i>
<b>Fruit</b>	<i>Seasonal Fruit Low fat Yogurt</i>	<i>Seasonal Fruit Low fat Yogurt</i>	<i>Seasonal Fruit Low fat Yogurt</i>	<i>Seasonal Fruit Low fat Yogurt</i>	<i>Seasonal Fruit Low fat Yogurt</i>
<b>Drink</b>	<i>Water/Milk</i>	<i>Water/Milk</i>	<i>Water/Milk</i>	<i>Water/Milk</i>	<i>Water/Milk</i>