



Contact us

For further information on the service, please email info@growingminds.org.uk

Children, young people, young adults and parents/carers can self-refer or be referred by Children's and Adult Social Care, CAMHS, a GP, education providers, or the Voluntary and Community Sector.

Growing Minds is funded by the Department of Health, Hackney Council and City & Hackney CCG.

Growing Minds is a partnership of the following organisations:



Growing Minds



Growing Minds aims to improve African, Caribbean and mixed heritage children and young people's emotional health and wellbeing in City & Hackney during the important transition years from primary to secondary school and secondary school to adulthood.

What is Growing Minds?

Growing Minds is a three-year initiative funded by the Department of Health and the CCG at Hackney Council. We use a community in reach approach to create fairer systems, services and support for children and young people aged 9 to 25 of African, Caribbean and mixed heritage (ACH).

To reflect the cultural makeup of service users, professionals offering this initiative are also of African, Caribbean and mixed heritage.

We work with young people during the important transition years from primary to secondary school and from secondary school to adulthood, including those children and young people who are not in education, employment or training.

Community leaders and health professionals work together to offer children and parents 1:1 support or group support. We work holistically and systemically using a whole-family approach. Building on the strengths of children, young people and parent/carers, we combine practical and emotional help tailored to meet the needs of each family.

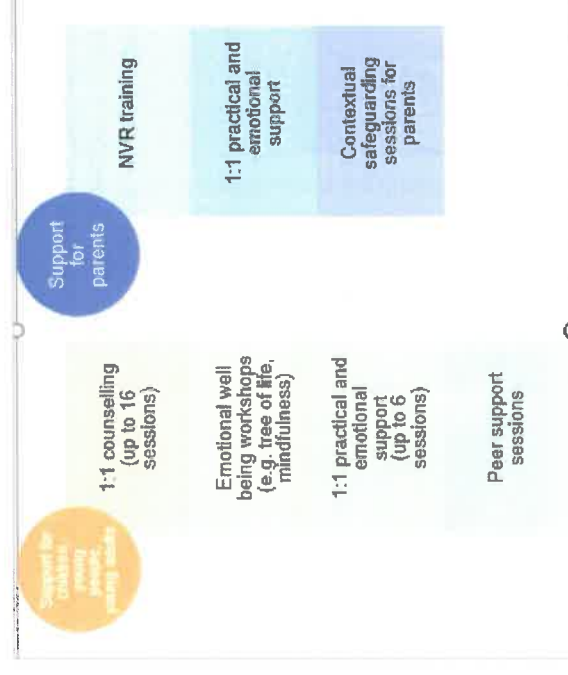
Who is part of Growing Minds?

Growing Minds is a partnership of the following organisations:

- Off Centre at Family Action
- Hackney CVS
- African Community School
- Father 2 Father
- Black Parent Community Forum



What support do we offer?



How can I make a referral?

Professionals working with young people/adults and their families can make a referral to Growing Minds by completing our Referral Form and emailing it to info@growingminds.org.uk. Professionals can also support families and young people (+16) to complete a self-referral.

In order to refer to Growing Minds you will need the consent of the young person/adult or their parents/carers if they are under 16. Please ensure you have a conversation with them about this offer – you can find the information leaflet for families at www.family-action.org.uk/growing-minds.

-minds

Once you have completed the referral we will contact you to let you know that we have received it and inform you of the next steps.

If you have any questions about making a referral please send your contact details to info@growingminds.org.uk and we will get in touch with you in 2 to 5 working days.