

St Monica's Primary School Autumn/Winter terms SY 2025-26 week 1

Salad Bar Selection: Plum tomatoes, diced cucumber, diced red onions and mixed leaves

Salad dressings: Lemon Herb Vinaigrette

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Dish 1	<i>Roast Chicken</i>	<i>Mighty Lentil Ragu (ve)</i>	<i>Jerk Chicken</i>	<i>Beef Meatballs</i>	<i>Margarita pizza</i>
Main Dish 2	<i>Spicy Butter Bean Jollof Rice (ve)</i>	<i>Bolognese</i>	<i>Cauliflower cute wings (ve)</i>	<i>No-meat balls (ve)</i>	<i>Chicken goujons</i>
Starchy Dish	<i>Jollof Rice</i>	<i>Spaghetti</i>	<i>Rice & Peas</i>	<i>Mashed potatoes</i>	<i>Chips</i>
Vegetables	<i>Carrots & Swede</i>	<i>Green Peas and Sweetcorn</i>	<i>Roasted Broccoli</i>	<i>Steamed Peas</i>	<i>Baked Beans</i>
Salad	<i>Apple Coleslaw Salad Bar Selection</i>	<i>Apple Coleslaw Salad Bar Selection</i>	<i>Apple Coleslaw Salad Bar Selection</i>	<i>Caesar Salad Salad Bar Selection</i>	<i>Caesar Salad Salad Bar Selection</i>
Dessert	<i>Apple & Peach Pie</i>	<i>Chocolate and Beetroot Cake</i>	<i>Mandarin orange jelly with Chantilly cream</i>	<i>Raspberry Tiramisu</i>	<i>Sliced Fruit Platter</i>
Fruit	<i>Seasonal Fruit Low fat Yogurt</i>	<i>Seasonal Fruit Low fat Yogurt</i>	<i>Seasonal Fruit Low fat Yogurt</i>	<i>Seasonal Fruit Low fat Yogurt</i>	<i>Seasonal Fruit Low fat Yogurt</i>
Drink	<i>Water/Milk</i>	<i>Water/Milk</i>	<i>Water/Milk</i>	<i>Water/Milk</i>	<i>Water/Milk</i>